



HODDER VALLEY COVID SUPPORT NETWORK

Coronavirus (COVID-19)



ARE YOU SELF-ISOLATING?

YOUR FRIENDS AND NEIGHBOURS ARE PUTTING VARIOUS MEASURES IN PLACE TO HELP YOU, PLEASE READ THIS:

The Hodder Valley Covid Support Network has been set up by local people to support those that are or will need to self-isolate (not social distancing). The objective is to provide practical help to obtain food and supplies that are essential to staying safe and well. Each village (Dunsop Bridge, Newton, Slaidburn and Tosside) has appointed coordinators who will be a point of contact and provide what help they can.

If you have urgent needs call: 07961 865503 in all other circumstance call your village coordinator on the numbers listed below

Dunsop Bridge			Slaidburn		
Luisa Cocks	louisa@vetnurse.co.uk	01200 448677	Danesa Parker	dd.parker@yahoo.co.uk	07870 560482
Charlotte Hamblet	charlottehamblet@gmail.com	07772270719	Sandra Johnson	sandra@carron.uk.net	07703 217910
Newton			Tosside		
Wendy Cowking	wendy.cowking123@yahoo.co.uk	07969 151494	Sarah Valentine	sarahvalentine99@gmail.com	07890 323770
Zoe Elms	zoeelms@aol.com	07825 050817	Christine Reece	christinerececollfarm@btinternet.com	07711 937868

SLAIDBURN VILLAGE STORES

Slaidburn Village Stores (Clare and Megan) will remain open while taking all the precautions recommended by the Government and will continue to adjust as this advice changes. In specific response to this emergency they are extending their telephone ordering service for those who are self-isolating. They will make every effort to increase stock levels of essential items and work with the village coordinators and other volunteers to maintain supplies and deliveries.

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Please note:
This service is only available to those who are vulnerable or self-isolating

**PHONE THE SHOP ON
01200 446268
MON TO SAT 10AM – 4PM
SUN 10AM – 12PM**

**THE SHOP WILL CONTACT
THE COORDINATOR
WHEN THE ORDER IS
READY**

**THE COORDINATOR WILL
CONTACT YOU TO AGREE
A TIME TO DELIVER***

*You must advise the Village Coordinator if you have Covid-19 symptoms

Payment instructions TBA

THE HARK TO BOUNTY

The Hark to Bounty (Vicky and the team) are now closed in line with Government instructions. However, they will be providing a take away meal service available by calling 01200 446246. The menu can be found at www.harktobounty.co.uk or it can be delivered to you. For those in self-isolation the village coordinators or other volunteers (if available) will deliver.

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Please note:
This service is only available to those who are vulnerable or self-isolating

**PHONE THE VILLAGE
COORDINATOR TO CHECK
THEIR AVAILABILITY***

**PHONE THE HARK TO
BOUNTY TO PLACE YOUR
ORDER AND PAY**

**PHONE YOUR VILLAGE
COORDINATOR TO TELL
THEM WHEN IT WILL BE
READY**

*You must advise the Village Coordinator if you have Covid-19 symptoms

THE PARKER ARMS

The Parkers Arms has a drive through meal pick up service. The menu can be found at <https://www.parkersarms.co.uk/>

IMPORTANT INFORMATION

Please note that this support is only available for those that are self-isolating and is different from social distancing which consists of the common sense steps you should take to reduce social interaction between people to reduce the transmission of COVID-19.

Self-isolation*

- If you live alone and you have symptoms of COVID-19, however mild, stay at home for 7 days from when your symptoms started.
- If you live with others and you are the first in the household to have symptoms of coronavirus, then you must stay at home for 7 days, but all other household members who remain well must stay at home and not leave the house for 14 days. The 14-day period starts from the day when the first person in the house became ill.
- For anyone else in the household who starts displaying symptoms, they need to stay at home for 7 days from when the symptoms appeared, regardless of what day they are on in the original 14 day isolation period.

*Source: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/>